

ATHLETIC REGULATIONS

TO: All Parents Grades 6-8

FROM: Dr. Kathleen M. Prystash, Chief School Administrator

RE: **Athletic Teams – Practice /Game Requirements**

The following regulations have been implemented for all athletes participating in Soccer, Basketball, Cheerleading, Baseball and Softball.

- For each of the above mentioned activities, there will be four (4) practices per week prior to the season of play.
- Once the regular season begins, there will be a total of four games and/or practices per week.
- All athletes (no exceptions) are expected to attend each practice and/or game (unless they are out of school on that day because of illness). Other activities such as dance class, babysitting, gymnastics, or any other sport) are not an acceptable excuse for missing a game or a practice.
- If the athlete misses a practice the day before a game, he or she will not be allowed to play in the game the next day.

Please remember, that since we are requiring our Coaches to make a four day per week commitment, we expect no less from the athletes. A separate form outlining the above, as well as existing rules and regulations are attached to this memo. Both the parent and the athlete are required to sign this form and return it to the school by the date specified on that form.

Thank you for your continued cooperation.

**Califon School
Extra Curricular Activities
Rules & Regulations**

- I. At all times at home and away events, manners and good sportsmanship will be demonstrated on the bus and on any school grounds. Failure to comply with this ruling will result in suspension/dismissal from the team as determined by the coaches.
- II. Neatness, care of uniforms shall be maintained. Damage to uniforms will be the responsibility of the individual and compensation made accordingly depending upon age of uniform and type of damage.
- III. Home and away locker rooms shall be neat and orderly. Unacceptable behavior, for example; writing on walls, lockers, etc., or doing any other damage that leaves the locker room any other way than entered will result in suspension/dismissal from the team.
- IV. Attendance requirements: (PLEASE NOTE: Students must be in school on the day of a practice or a game in order to participate in that practice or game. Any student who is absent may not participate in any after school activity on that day or night. If the student arrives prior to 12:00 noon, he or she is considered present for that day.
- V. Students MUST maintain acceptable grades and individual effort grades. Those students who fall below a grade of "C" will be temporarily placed on probation. This means that they may not play or attend practices until grades improve to a "C" or a satisfactory effort is put forth. This probation period will last a minimum of one week. Grades will be checked by coaches via a progress report. Classified students will be expected to complete work according to their ability level and will be judged on satisfactory or unsatisfactory performance by both the Resource Room teacher and the classroom teachers.
 - There will be four (4) practices per week prior to the season of play.
 - Once the regular season begins, there will be a total of four games and/or practices per week.
 - All athletes (no exceptions) are expected to attend each practice and/or game (unless they are out of school on that day because of illness). Other activities such as dance class, babysitting, gymnastics, or any other sport) are not an acceptable excuse for missing a game or a practice.
 - If the athlete misses a practice the day before a game, he or she will not be allowed to play in the game the following day.
 - Any additional rules or requirements implemented by individual coaches are to be met with compliance.
- VI. It is the student's responsibility to come to school prepared for practices and games. Phone calls to the home at the last minute are not the responsibility of the school staff. If items are dropped off to the office, it is the student's responsibility to initiate the retrieval.

Please complete and return this form to the main office by December 10, 2009.

I have received a copy of the extra-curricular rules and regulations and have read and understood them.

Student's Signature

Date

Parent's Signature

Date